

Musconetcong Watershed Association's

16th
Annual

4-Mile

Sunday, May 1st

(rain or shine)

10:00 am (runners)

9:45 am (walkers)

Registration opens 8:30 am
All packet pickups day-of race

Registration and parking behind the

Asbury Fire Co.

410 Old Main Street
Asbury, NJ 08802

Warren County

(5 minutes off Rt. 78, Exit 7)

The course is a scenic loop. Runners will pass streams, pastures, historic buildings and the beautiful Musconetcong River on this mostly flat course.

Awards!

Medals will be presented to the first
3 male and first 3 female winners
(12 age categories)

Search "Run for the River" on Facebook
for photos & more

**Register Online or download
printable form at:**

www.musconetcong.org



FREE Hot Air Balloon Rides
(Compliments of Unity Bank)

**Music , vendors, & Free Drawing for
all participants—lots of prizes!**

Entry fee*

\$25 if registered by **April 19**-includes t-shirt

\$30 if registered **April 20** or later
includes t-shirt (while supplies last)

**also includes bagels, orange slices and
bottled water*



www.musconetcong.org
908-537-7060