

Warren County Board of Freeholders
Department of Human Services
Division of Aging & Disability Services
Wayne Dumont Administration Bldg.
165 County Rte. 519 South
Baltislam NI 07823

Jason J. Sarnoski, Freeholder Director Richard D. Gardner, Deputy Director James Kern III, Freeholder

Warren County



Department of Human Services Division of Aging & Disability Services

- Developing
- Providing
- Coordinating
- Connecting Residents to Information & Services



1-877-222-3737

Wayne Dumont, Jr. Administration Bldg. Belvidere, New Jersey 07823

www.co.warren.nj.us

Rev: 3/5/19

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Warren County Oivision of Aging & Disability Services

Who We Are

The Division of Aging & Disability Services (Division) is the County's lead agency and administrator of Federal, State, and Local funds earmarked to assist Warren County's older adults. All services and information are directly provided, purchased (through contracts with other agencies) and coordinated by our professional staff. The Division is also the county's lead agency for the NJ Aging and Disabled Resource Connection (ADRC) project.

ADRC provides information and assistance to older persons, adults with physical disabilities, caregivers and professionals looking for services or programs. Through a comprehensive intake and screen for community services, Division staff can assist in identifying needs and determining the best options for assistance.

We strive to ensure that information is understandable and services are easily accessible for individuals and caregivers in our County.

The Division of Aging & Disability Services' philosophy upholds the rights of the county's older adults to age with dignity, maximum health, independence, well being, and the ability to make their own life choices.

WARREN COUNTY Community Senior Centers

North Warren Community Senior Center

505 Route 94, Columbia, NJ 07832 908-496-4001

Hackettstown Area Community Senior Center

293 Main St., Hackettstown, NJ 908-850-5438

Phillipsburg Senior Center

*satellite location

310 Firth St., Phillipsburg, NJ 08865 908-859-2423

Washington Area Community Senior Center

Faith Discovery Church Community Center 33 Brass Castle Rd., Washington, NJ 908-689-0650

The services in this brochure are partly funded by grants from the U.S. Administration for Community Living.

OPTIONS COUNSELING			
Division of Aging & Disability Svcs	(877) 2	222-37	37
PHARMACEUTICAL ASSISTANCE			
PAAD/Senior Gold		792-97	
RX NJ Drug Card		321-67	
Good RX	,	799-25	
Medicare RX (Part D)	(800)	633-42	227
W. C. of Seniors Prescription Discount			
Plan	(800)	808-12	213
MUNICIPAL SENIOR CENTERS	(0.00)		
Hackettstown Senior Center		850-54	
Independence Twp. Senior Center	,	637-63	
Phillipsburg Senior Center	(908)	859-24	123
SENIOR CLUB INFORMATION	(0)		
Warren Council of Seniors	(877)	222-3	131
WARREN COUNTY TRANSPORTATION	(000)	454.00	204
Administration		454-63	
Transportation Provider	(866)	594-40)44
V/57504N0 DD00D4N0			
VETERANS PROGRAMS			
NJ Dept. of Military and Veterans' Affairs			
Glen Gardner, NJ			
Veterans Healthcare Services	(973)	676-10	J 00
VOLUNTEED DROCDAMS			
VOLUNTEER PROGRAMS	(888)	387-98	ጻვበ
RSVP		689-4	
Visiting Homemaker Service		222-37	
Division of Aging & Disability Svcs	(011)	LLL-3	. J <i>1</i>

We support older adults by providing information, making professional assessments, coordinating and authorizing services, and offering community care options which will support older adults and their wish to remain as independent as possible.

What We Do

The Division's professional staff will provide and coordinate the most appropriate, highest quality and cost effective services possible. We will provide those services directly, or we will help you secure those services through other local "partner" agencies.

Our Mission "IS" Our Responsibility

The Warren County Division of Aging & Disability Services is responsible for:

- PLANNING
 COORDINATING
- DEVELOPING PROVIDING SERVICES, And:

Advocating for residents age 60 and older;

Programs, services, and special projects are tailored to assist older adults in preserving their highest level of self-sufficiency, independence, and dignity;

Supporting the rights of older residents and adults with disabilities and empowering them to make choices and decisions about their own lives, their care and their future.

Helping our Residents Remain:

- At-Home
- Independent
- In-Charge

Aging & Disability Services professional staff is available to assist older adults, adults with disabilities, and caregivers to understand and navigate programs and systems. Aging & Disability Services will directly provide the needed assistance, or authorize the service through one of our many "partner agencies" that work with us. The Division of Aging & Disability Services can help with:

- Outreach
- Information & Assistance
- Care Management
- In-home Clinical & Functional Assessments

If we don't know the answer, we'll find it!

- Benefits and Entitlement screening
- In-home Mental Health Counseling & Assessments
- · Home Delivered Meals
- Nutrition Assessments & Education
- Transportation
- Health Promotion & Wellness Programs
- Exercise Programs

HOUSING REPAIR Phillipsburg Housing Improv. Prog NORWESCAP Weatherization & Repairs. SAFE Housing Program Chore Corps Warren County Housing Program	(908) 454-5500 454-7000 x160 (908) 475-6591 (908) 475-6591 (908) 475-3989
HOSPITAL PROGRAMS	
Hackettstown Hospital Health Link	(908) 850-6872
Personal Emergency Response Button Pr	
Div. of Aging & Disability Services	(877) 222-3737
INFORMATION & ASSISTANCE First Call for Help DAWN Center for Independent Living NJ Div. of Disability Services	(877) 661-4357 (877) 589-2253 (888) 285-3036
LEGAL ASSISTANCE	
Centenary College Legal Clinic	(908) 852-9365
Warren County Bar Association	(908) 387-1835
Warren County Legal Services	(908) 475-2010
MEDICAL SERVICES Zufall Health Center	. (908)452-5366
MEDICARE/HEALTH INSURANCE	
Medicare Hotline	(800) 633-4227
W.C. Div. of Aging & Disability Svcs	(877) 222-3737
NJ Dept. of Insurance	(609) 292-5360
Medicare Part A, B, Rx Part D	(800) 633-4227
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HOME CARE AND PERSONAL CARE

Division of Aging & Disability Service	s for	updated
home care provider listing	(877)	222-3737
Comfort Keepers		
Crossroads Homecare		
Compassionate Care Hospice		
Visiting Homemaker Service of W. Cty		689-4140
Visiting Nurse Assoc. of Northern NJ	(800)	938-4748
Home Instead Senior Care	(908)	835-1400
Karen Ann Quinlan- Hospice/Home Care	(800)	882-1117
VNA of St. Clare's	(800)	862-7078
VITAS Hospice	(973)	994-4738

HOME DELIVERED MEALS

Warren County Meals At Home Program serves residents of the following areas:

- × Belvidere
- × Blairstown
- × Hackettstown
- × Washington

Call: 908-689-4140

PHILLIPSBURG

AREA MEALS ON WHEELS

PHILLIPSBURG AREA ONLY: (908) 859-6829

HOUSING ASSISTANCE

Warren County Housing Program..... (908) 475-3989
- Subsidized Housing

Phillipsburg Housing

Assistance Program..... (908) 454-5500

Homeless Housing Prevention

Medicare Counseling

- Option Counseling on Long Term Care Svcs.
- Community Senior Centers
- Social Adult Day Care Services
- Respite Services and Education for Caregivers
- Adult Protective Services
- Legal Assistance
- Certified In-Home Health Aides
- Chore Services
- Residential Repairs
- Emergency Financial Assistance
- Environmental adaptations (ramps, grab bars, etc.)
- Obtaining information through the Division's newsletter
- Volunteer Programs and Services

The Division of Aging & Disability Services can Provide, Purchase, Coordinate, or find the Services or information you need.

The following alphabetically listed programs are administered, funded, or coordinated with the Division of Aging & Disability Services:

<u>1-877-222-3737</u>

or

*If an additional phone number or contact agency is listed that agency can be contacted directly.

Adult Protective Services (APS)

The Division administers the Adult Protective Services program in Warren County. APS programs have been established in each county in New Jersey to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults. Vulnerable adults are defined as individuals over 18 years of age residing in a community setting who lack sufficient understanding or capacity to make and/or carry out decision concerning their well-being due to mental or physical disabilities and are subject to abuse, neglect or exploitation. All records and communications are confidential.

Caregivers Coalition

The Caregivers Coalition helps caregivers find specific information, education, and needed support. The Coalition is facilitated by the United Way of Northern NJ and meets each month to share resources, hear educational presentations and work on projects to improve the quality of life for caregivers.

FINANCIAL ASSISTANCE	
Centenary College Finance Clinic	(908) 852-9365
Consumer Credit Counseling	(800) 388-2227
First Call for Help	(877) 661-4357
Fuel Assistance	(908) 454-4778
PAAD/HAAAD/Lifeline Utility	(800) 792-9745
Money Management Bill Payer Prog	(877) 222-3737
WC Council of Srs. Rx Discount Plan	(800) 808-1213
HAAAD Hearing Aide Asst	(800) 792-9745
Lifeline Utility Rebate	(800) 792-9745
Money Management Assist. Prog	(877) 222-3737
NJ Shares	(908) 454-4778
PAAD/Senior Gold	(800) 792-9745
Railroad Retirement	(800) 833-4455
RX4NJ Prescription Plan	(888) 793-6765
Social Security Admin	(800) 772-1213
Local	(866) 964-5056
Temporary Assistance & Social Svcs	(908) 475-6301
Veterans' Affairs	(800) 827-1000
	,
EGGD DANTDIEG	
FOOD PANTRIES	(908) 859-5447
Catholic Charities	(908) 454-4322
NORWESCAP	(900) 454-4522
HEALTH SERVICES	
Alzheimer's Association	(800) 883-1180
American Cancer Society	(973) 331-9300
NJ Respite Care	(908) 689-4140
Senior Dent (Dental)	(732) 821-9400
Community Prev. Resources of W. C	(908) 835-1800
Community i lev. Negources of vv. C	(-,

AGENCY DIRECTORY

BENEFITS SCREENING

Division of Aging & Disability Services (877) 222-3737 or (908) 475-6591

CAREGIVER ASSISTANCE	
Caregiver Support and Information	
Warren County Caregiver Coalition	(973) 993-1160
Caregiver Education and Training	
Visiting Homemaker Services	(908) 689-4140
Division of Aging & Disability Services	
Caragiyar Bassita Sarvisas	
Caregiver Respite Services	(000) 000 4440
Visiting Homemaker Services	
Division of Aging & Disability Services	
Alzheimer's Association	(800) 883-1180
COUNCELING SERVICES	
COUNSELING SERVICES	(000) 000 4000
Family Guidance Center	(908) 689-1000
24 Hr. Crisis Line	(908) 454-5141
Catholic Charities	(908) 454-2074
Counseling Prog. Centenary College	(908) 852-9365
Div. of Aging & Disability Svcs	(877) 222-3737
DISABILITY SERVICES	(000) 000 0000
DAWN Center for Independent Living	
NJ Div. of Disability Services	(888) 285-3036
EMPLOYMENT	
	(000) 707 9404
Pathstone	
NJ EmploymentService	
Displaced Homemaker Prog. Transitions	
Career Counseling - Centenary College.	(908) 852-9365

Warren County's monthly Coalition meetings are held on the third Monday of each month from 10 to 11:30 a.m., at the Wayne Dumont, Jr. Administration Building, 165 County Route 519 South in Belvidere. Meetings are open to any resident with an interest in caregiving. In addition to the monthly meetings, educational workshops are provided throughout the year, and various free resources are available online, including educational videos and the "pathways for Caregivers": www.UnitedWayNNJ.org/ CaregiversCoalition. Call: 973-993-1160 X305

Benefits Screening

Division staff are available to assist each resident in determining their eligibility for any private, county, state and Federal benefits and entitlements available, and will assist the individual in completing applications and acquiring needed services and/or goods.

<u>Care Management & Service Authorization</u> <u>and Coordination</u>

Professional care managers are available to assess the needs of older and/or adults with disabilities to help arrange services to support their continued desire to remain at home. The assessment includes a benefits screening to connect the individual to all entitlements and follow-up care. Care managers will help families and individuals arrange and authorize services, communicate with providers, and regularly monitor client satisfaction with the services received.

Chore Corps Fixit Services

Skilled volunteers perform minor home repairs that older and/or disabled individuals are unable to perform themselves.

Comprehensive Assessments

Specialized staff are available to perform a comprehensive assessment of the Clinical, Functional, and Financial Status of older and/or adults with disabilities. Financial screenings are conducted to determine if the individual is eligible for funds to underwrite the cost of needed care.

Community Senior Centers

Each weekday, regionally located Community Senior Centers provide senior residents an opportunity to have a well balanced meal along with scheduled activities and Health & Wellness Programs and events. Transportation is available through the County Transportation System.

Disability Services (888) 383-3296

Through a contract with DAWN, Center for Independent Living (DAWN-cil) a variety of services are available to Warren County residents with disabilities. Services include information and referral, care management and access to New Jersey's Personal Assistance Services Program (PASP)

Emergency Financial Services

Limited financial assistance maybe available to older individuals who are financially compromised and atrisk of hardship or endangerment.

<u>Veterans Directed Home and Community</u> <u>Based Services</u>

The Division provides care management services to eligible veterans enrolled in this consumer directed program that provides access to a wide range of home and community based long term care services. Screening and eligibility is determined by the VA-NJ Health Care System. 908-647-0180.

Volunteer Programs 908-689-4140

Through a contract and close coordination with the Visiting Homemaker Service of Warren County and the Division of Aging & Disability Services funds several volunteer programs. Warren County Volunteer Connection seeks Volunteers for these programs:

Volunteer Programs

- Friendly Visiting
- Telephone Reassurance
- Bill Paying Assistance
- Chore Corps
- Home Delivered Meals

Volunteer Opportunities (888) 387-9830 NORWESCAP'S, Retired and Senior Volunteer

Program (RSVP) recruits and matches seniors to fill volunteer opportunities throughout the County.

Professional Safe Housing Repairs

Through a contract with NORWESCAP, Inc., home repairs are made to address disrepair in a residence that may create an unsafe environment for the older adult. Grab-bars, handrails, and step repair are examples of tasks that can be done. These services are authorized by Aging & Disability Services staff.

Respite Services & Caregiver Support 908-689-4140 or (877) 222-3737

Care managers make arrangements for respite services for family members of an eligible individual. Some respite services are monitored by the Division of Aging & Disability Services staff; however, other county respite services are administered by Visiting Homemaker Services, Inc.

Tax Counseling and Preparation (888) 387-9830

From January to April each year, trained volunteers provide tax counseling and tax preparation in regional sites throughout the County. During off-season, tax questions and issues can be resolved by contacting the NORWESCAP RSVP Program.

<u>Transportation (866) 594-4044 or 908-454-4044</u>

Transportation is provided by a contractor hired to provide all transportation services to the "aging and disabled" residents of the county. Transportation is available to Warren County Community Senior Centers, medical appointments, and monthly Saturday shopping.

Homemaker & In-Home Care

Care managers authorize and coordinate homemaker services, with contracted provider agencies serving the County. Full or partial payments for these services are available for qualified individuals.

WC Legal Services for Seniors 908-475-3052

The Division of Aging & Disability Services provides funding for legal services to provide assistance on a multitude of legal issues from benefit entitlements to housing.

Home Delivered Meals 908-689-4140 Warren County Meals At Home Program

Daily meals are delivered to homebound residents of Warren County by volunteers who are dispatched through Visiting Homemaker Service (VHS) of Warren County. VHS works with the Division of Aging & Disability Services' Community Senior Centers which package meals for delivery to the homebound residing in the following areas of the county:

BelvidereHackettstownWashington

Phillipsburg Area Meals on Wheels Program 908-859-6829

Residents of Phillipsburg and surrounding areas who need home delivered meals receive them from the Phillipsburg Meals on Wheels Program.

Medicare Counseling

Division of Aging & Disability Services care managers and a select few of extensively trained volunteers are "Certified NJ Medicare SHIP Counselors" who can provide help with a variety of issues related to Medicare, Medicare supplements, Medicare Rx, and other forms of health insurance. "The State Health Insurance Assistance Program (SHIP) is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living (ACL)."

In-Home Mental Health Counseling

A geriatric Mental Health counselor retained through a Division of Aging & Disability Services contract is available to provide limited in-home mental health counseling and assessments for older individuals and their caregivers. Through this program, immediate referrals and recommendations for long-term assistance can be arranged for people who need more extensive assistance. Services are closely coordinated with Division of Aging & Disability Services care managers to assist in the development of the most appropriate plan possible.

Jersey Assistance for Community Caregiving (JACC) -

The JACC program provides in-home services to seniors at risk of placement in a nursing home. With the assistance of a trained care manager, service plans are designed that are tailored to the needs of the individual. Eligible individuals must be 60 years of age and require nursing facility level of care but wish to remain at home. Income and asset tests apply.

Bill Payer Assistance

Select Volunteers are trained to assist individuals in managing their expenses. Participants in the program can receive assistance in developing a budget, writing checks (for their own signature), organizing their bills, and balancing their checkbook. This project is provided with intensive oversight, but the participant never loses control of their own money.

Options Counseling

Division care managers provide individual assistance to residents and caregivers by outlining the many publicly funded programs and varying eligibility requirements to assist each individual in making personal choices on their care and services. Options Counseling is directed by the individual but may include others that the person chooses or those that are legally authorized to represent the individual.

Managed Long Term Services and Supports (MLTSS) -

MLTSS provides home and community based services plus NJ Family Care/Medicaid coverage to eligible participants that meet clinical and financial requirements. Division staff provide screening and assessment to determine clinical eligibility for MLTSS. Financial eligibility is determined by the Warren County Division of Temporary Social Services (908-475-6301).

<u>Personal Assistance Services Program (PASP)</u> (888) 383 -3296 or (877) 222-3737

The Division coordinates and administers the PASP program in Warren County. PASP allows residents with a permanent physical disability to remain active in the community by providing access to personal care services. Enrollment coordination provided by DAWN, CIL.